

# PAVMONOK

Vol. 36, # 7

March 2009

## T.U. PHILOSOPHY

We believe that trout and salmon fishing isn't just fishing for trout and salmon. It's fishing for sport rather than food, where the true enjoyment of the sport lies in the challenge, the lore, the battle of wits, not necessarily the full creel. It's the feeling of satisfaction that comes from limiting your kill instead of killing your limit. It's communing with nature where the chief reward is a refreshed body and a contented soul, where a license is a permit to use not abuse, to enjoy not destroy our cold water fishery. It's subscribing to the proposition that what's good for trout and salmon is good for the fisherman and that managing trout and salmon for themselves rather than the fisherman is fundamental to the solution of our trout and salmon problems. It's appreciating our fishery resource, respecting fellow anglers and giving serious thought to tomorrow.



Next meeting:

Tuesday, March 17

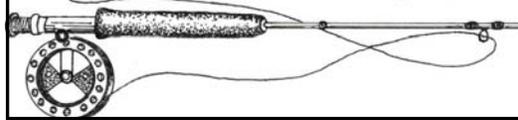
7:30 PM

Annual Open House

Bring a friend or two along with any questions about TU, Cold Water Conservation and Fly Fishing



## President's Line



The February meeting we had was a "blast from the past". Listening to our guest speaker Mary Dette Clark, I could feel the passion she has for her fly tying and her family history. Imagine the days when horses, or in her younger days, a cow, was an accepted mode of transportation!

This is a portion of an interesting E-mail I received last week;

*Bob Jacklin, Mary Dette,XXX,( the secret speaker).....man o man....you are really setting the bar very high for the next president! If no one else thanked you....oh well...but I want to thank you for getting these "living legends" to speak at our meetings. I sat in awe just listening to Bob and Mary, and thinking how wonderful it is to see people so passionate about what they do.*

Getting notes like this is one of the best parts of being President. It makes all the work, coordination and logistical headaches more than worth it. Besides, I think our chapter is worth the extra effort. So, to the gentleman who wrote it, you are most welcome as it was and will continue to be my pleasure finding us good, known speakers.

As I mentioned in the last Presidents line, we are really getting into our busy season. February 28 was our first casting clinic at Caleb Smith Sate Park which went well. Thank you to all the volunteers who lent a hand. Our next clinic is March 7 at Connetquot State Park. It is not too late to sign up, lend a hand and get involved.

Let's not forget that April 3 is 28<sup>th</sup> annual National Banquet. We would love to see all of you there as this is our fund raising highlight of the year but, it is also a lot of fun with great food, friends, drink, and prizes. Of course, if you would like to make a donation for the banquet or help out in any way, please contact Pete Dubno, Boyd Shockley, or me.

On a more somber note, I would like to extend our deepest condolences, sympathies, and friendship to our Sergeant-at-Arms Ed Ciano, on the sudden and tragic loss of his brother Glen. Glen was a veteran Suffolk County police officer of 22 years who was killed in the line of duty on February 22. Our thoughts, hearts and prayers go out to Ed and his entire family.

It is with the Ciano family in mind that we should all take a step back and realize the blessings we all have in front of us and how each day should be lived to its fullest.

I look forward to seeing you all at the March meeting as we have our annual open house. Bring a friend and come early to share in the camaraderie and good times.

Until then, let's all remember to do what we can to **Educate, Protect, Conserve, and Restore!**

Best Fishes,  
Jay Mooney

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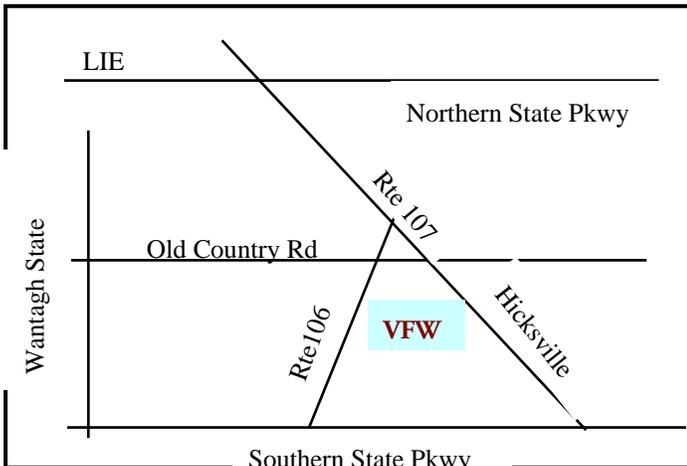
Mar 4	Directors Meeting, Ground Round, Levittown @ 7:30 PM <b>**1st WEDNESDAY**</b>
Mar 7	Casting Clinic Connetquot River State Park 9 AM—Noon
Mar 17	<b>General Meeting, 7:30 PM</b> <b>**3rd TUESDAY**</b>
April 1	Directors Meeting, Ground Round, Levittown @ 7:30 PM <b>**1st WEDNESDAY**</b>
April 3	Annual Conservation Banquet Thomas Stuart Manor Farmingdale—Bar Opens 6:30
April 21	<b>General Meeting, 7:30 PM</b> <b>**3rd TUESDAY**</b>
	Go to <b>www.LongIslandTU.org</b> for a more complete calendar And much more

(Continued from page 1)

**Paumonok**

Published monthly September through June by the Long Island Chapter of Trout Unlimited. Information, photos and articles on conservation and fishing are welcome. Please send material for publication, advertising inquiries and comments to the Editor:

Tom McCoy, 97 Eatons Neck Road, Northport, NY 11768  
 tfm97@optonline.net



# Banquet

## DONATION IDEAS FOR THE 2009 LITU NATIONAL CONSERVATION BANQUET

At many of the LITU meetings, we have talked about the importance of your donations to the success of the banquet, and we have given some verbal suggestions. The list below will provide you with some guide lines if you do want to make a donation but are at a loss for ideas. All donations will be acknowledged in the Auction Program and in the Banquet Program (if received before press time); and any donor who also attends the banquet **will receive 15 free Bucket Raffle Tickets.**

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Tupperware Basket

Jewelry: Men's or Ladies' Watch, Ladies Bracelet, any type of Ladies Jewelry

**ATTENTION: ALL PEOPLE INTERESTED IN**

Bring what you have to the March Meeting and **fill out a 3x5 index card** with the name of the prize on top followed by it's estimated value and the name of the person donating it.

Any questions call our chairpersons:

Boyd Shockley at (516) 396-0192

Peter Dubno at (516) 764-0412

### FLY FISHING

The Long Island Chapter of Trout Unlimited is holding its main event for the 28<sup>th</sup> year in a row – their Annual National Conservation Banquet. This great event will take place on Friday, April 3, 2009 at the Stuart Thomas Manor, at 2143 Boundary Ave., Farmingdale, NY. Cocktails will be served at an open bar beginning at 6:30 p.m. Hors d'oeuvres will also be served. Dinner will begin at 7:30 p.m. This is a great opportunity for you to come out and win some awesome prizes. Don't forget to buy a balloon for the great balloon game. And, of course, the dart game will be back this year. You can win some really great gifts at this one. So if you haven't sent in your reservation to be part of a really fun evening for a great cause, please do so soon. If you weren't sent an invitation, you can contact Tom Lo Proto at 516-385-8655.

Coming to you live from LITU: Your favorite publicist,  
**TONY JONES**

*P.S. It's not too late to donate prizes for the conservation banquet. Contact Peter Dubno at 516-764-0412 or Boyd Shockley at 516-433-3968.*

## Greetings from Brett Greco

The January winds of Ennis Montana blow hard and cold from the north. Bringing layer upon layer of white, fluffy powder to bury the jagged peaks of the Madison Range to my east and the rolling pine covered slopes of the Gravelly mountains to the west. The weather here now is so unfriendly. My chocolate lab Cash barely makes it off the front porch to tend to his business before returning to his post in front of the living room fire for what will be his third nap this morning. With a crescendo of whistles and groans, the wind rips through the tree tops adjacent to my home. Gusts that must be somewhere near 30mph dip the mercury of my Duck's Unlimited thermometer well below the pair of pintail depicted on it, letting me know Ennis is in for another day below zero, and I'm in for another day at the fly tying vise.

It's these kind of winter days that give me the "cabin nasties" the worst. My only salvation are the sun soaked day dreams of Florida and the fishing season to come. My annual pilgrimage is not far away now. In just a week's time I will load up my truck and drive the nearly three thousand miles to the very southern cusp of the U.S.; to what is considered by many anglers the major leagues of fly fishing, the Florida Keys.

As I put the whip finish on what must be the 638<sup>th</sup> size 16 serendipity I'm tying for the local fly shop here, I allow my mind to drift to the warm salty thoughts of Biscayne Bay. Thoughts of skimming over brilliant shades of blue as my flats skiff cuts through the tropical waters of south Florida. Thoughts of double digit bonefish crawling over shallow flats; their tails sparkling in the air like diamonds as they tip up on their next tasty shrimp. I can feel the warmth from these thoughts fill me and my wind beaten little home. Leaving his post to curl up by my feet under my fly tying desk, Cash groans. He can feel it too. If I try hard enough I can allow the warmth from these day dreams take me over and transport me from my current Klondike-like locale.

Old Rhodes Key is where they take me. I can feel the warm moist breeze coming off the Atlantic on my face as I stake my boat into position waiting for the first of many schools of tarpon to slide by on the incoming tide. My only concern: will the man in the silver suit want to dine on chartreuse or olive? Fly line sizzles through the guides as I launch a cast. My presentation lands in-line and twenty feet in front of the approaching school. Perfect! In moments a single fish is teased from the school. Cross eyed, she tracks my offering of chicken feathers and rabbit fur. The anticipation wells up in me like an active volcano, I erupt shouting

"Take It!" In a flash, my fly is engulfed by one hundred pounds of prehistoric fish. I strip my fly line hard. It comes tight! Got her! Confused, she sits motionless for a beat before shaking her head violently side to side. Enraged by our new connection she speeds like a freight train towards the deep blue, leaving holes in the ocean as she jumps and contorts her body for freedom.

With the completion of serendipity number 640, reality sets in. Back in the snow covered Rockies I put the next tiny hook in the vise smiling ear to ear. I know I'm almost there. I know I will be poling my favorite flats once again, armed with rod and reel. Fly boxes full of tasty creations to catch nature's most formidable opponents. I will be in Florida from January through June. Through some of the best sight fishing North America has to offer. How about you? Can you make it down to the sweet sunny south this winter? I've got room for you on the front of my skiff, all the equipment you will need, and plenty of warm tropical places to hunt big fish. Brett



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# Feb Meeting

Mary Dette Clark of the famous Catskill Flytying family and native of Roscoe joined us and demonstrated her fabulous techniques while regaling us with stories of the early days. Thanks Mary for a great evening we won't soon forget.



Jeff Plackis gave us an update on the



Connetquot and brought a supply of brochures put out by the park to inform everyone of the status of the IPN situation and Frequently Asked Questions. You can get one at the next meeting or at the park or on

Page 9 if you have the email edition.

Peter Harris announced a **New Member Day** to be planned for mid May. The idea is for more tenured members to buddy up with newer ones ( 0 to 2 years of experience) and take them up to a near by stream for a day of tips, talk and tackle — as well as table fare and terrific tales of the ones that got away. Detail in April.

Did you send in your Banquet reservation yet?

## FISHING REGULATION CHANGES

At the LIFFAC meeting this past Monday I presented the possible regulation changes for 2010 that are being considered by the Region 1 Fisheries Unit and told you that the entire list of possible regulation changes statewide would soon be available on the web.

The Possible Changes to Sportfishing Regulations for 2010 have been posted on the DEC website at:

<http://www.dec.ny.gov/outdoor/51001.html>

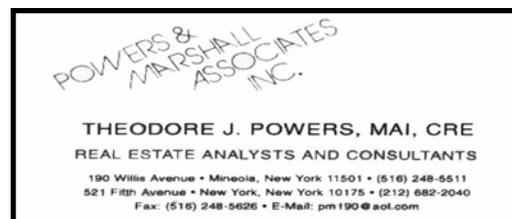
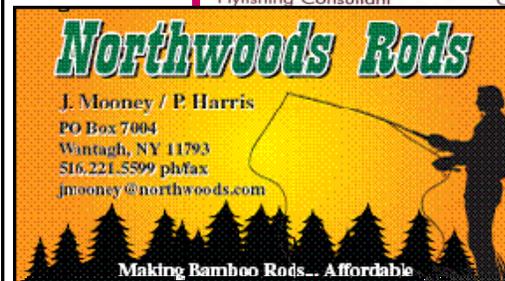
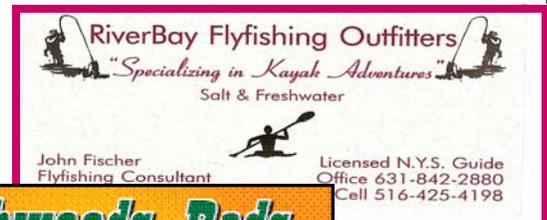
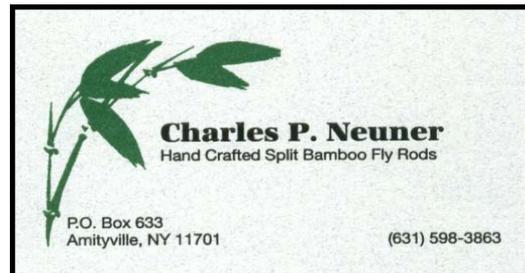
Navigation to the page will be <Outdoor Recreation><Fishing><Freshwater Fishing Regulations><Possible Changes to Sportfishing Regulations for 2010>.

This page will be posted until Friday, April 10; the last day we will accept comments.

I encourage LIYUer's to review these pages and submit your comments according to the instructions on the web page.

I am looking forward to seeing LITU at the next LIFFAC meeting on March 16.

Chart



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# Fly of the Month

## Invicta

*Origin stems from the motto on the Coat of Arms of Kent, England and signifies unconquered or untamed.*



Text, drawings and photography by Jack Pangburn, 17 Mist Lane Westbury, NY11590-6309

The Invicta is a classic British wet fly, designed by James Ogden, that imitates the diving (sedge) or caddis. A very good fly pattern for fishing still water and moving water where ever caddis habitat exists.

There is something about the Invicta pattern which seems to cause distress and apprehension in terms of tying this pattern. Maybe because there are one or two more components with this fly than we expect to encounter in a lot of other trout wet fly patterns. One item, the Guinea fowl flanks dyed blue, performs admirably as a substitute beard hackle for the less than plentiful English Jay hackle. The tying in of the hen Ringneck Pheasant tail segment as a wing is also a stumbling block when tying the Invicta. Even with the above mentioned hurdles, the Invicta is truly a fun fly to tie.

To tie an Invicta of your own –

First, lay a base of tying thread on the hook shank and fasten in the fine oval gold tinsel or wire on top of the hook bend. Catch-in a small Golden Pheasant crest feather with the curve upward (opposite from the hook curve) at the same point as the tinsel. Next, make a dubbing rope (reference Deer Hair Fly Tying Guidebook pages 30-35) and wrap forward, tying-off behind the hook eye. Leave enough room to tie-in the beard hackles, wings and finish the head.

Prepare a red cock hackle and tie-in the stem butt behind the hook eye. Make open turns to spiral (palmer) the hackle back to the top of the hook bend. Secure hackle rib at this point with 2-3 wraps of the gold tinsel (wire) and continue turning the tinsel rib in open wraps back to the hook eye space. Avoid binding down too many hackle fibers.

Trim all waste ends; hackle butt, tinsel rib, etc. Now select and even the fibers pulled from the dyed Guinea fowl flank feather. Turn the hook up-side down in the vise and add the beard hackle to the hook just under the hook shank and behind the hook eye. Adjust the fibers from one side to the other to be in the middle and pulled down to be the proper length. The hackle tips should be just touching the hook point. Trim waste hackle stems away.

Turn the hook up right again and offer up the wing slippers or rolled fibers prepared for the wings. Hen pheasant tail slips, characteristically, have very pointed tips. If this is a problem, pinch off the point by using your thumb nail and fore finger to blunt the feather tips. Do not use scissors, it renders a un-natural chopped look.

Set the wing position by using a thread loop and pinch method. (See terminology notes on rolled wings and pinch and loop methods.) Once you are pleased with the wing attitude, trim the waste ends and make enough turns of thread to complete a small head. Add some head cement.

This particular version of the Invicta is attributed to fly designer James Ogden. The fly fishes well just about anywhere anytime wet or dry. It is my most favorite fly pattern.

There is a Silver Invicta variation that substitutes silver tinsel for the body in place of dubbing and fine silver oval tinsel or wire for the ribbing that secures the palmered hackle. Other variations can be achieved by changing the color of the body dubbing.

### **Terminology Notes:**

**Rolled Wing:** *This consists of a roll of feather fibers taken from a wing quill or tail. They are used for the down-wing pattern tied low over the back of the fly body.*

**Loop and Pinch:** *Method of mounting a wing brings each fiber of the feather slippers used down on top of the fiber beneath it, without diverging from the vertical. Achieve this by forming a loop or two of the tying thread over the wing, gripping the hook, thread and wing firmly, and then drawing (pulling) the tying thread tight. Several (3) tight turns should be made in the same manner before removing your fingers.*

**Dubbing Rope:** *Reference Deer-Hair Fly-Tying Guidebook by Jack Pangburn and published by Frank Amato [www.amatobooks.com](http://www.amatobooks.com) > pages 30-35.*

Hook: Wet fly hook long shank optional # 14 - # 8

Thread: Claret or coffee 8/0 – 10/0

Tail: Golden pheasant crest (topping)

Rib: Fine oval gold tinsel

Body: Yellow dubbing fur (Antron) mixed with Angora goat dyed yellow

Body Hackle: Natural red cock (coachman) palmered

Beard Hackle: English Blue Jay or Guinea fowl dyed blue

Wing: Hen Ringneck pheasant tail slips

Head: Tying thread



# TROUT UNLIMITED IS 50!

This is a special year and National TU has put up a special anniversary web site—  
[www.tu50.org](http://www.tu50.org).  
Take a look.

## HAVE ANY BACK ISSUES OF PAMONOK???

LITU will be contributing a history of our own chapter which is being pulled together from back issues of Paumonok as well as notes for those who were part of the early days. If you have anything you'd like to contribute email me at [tfm97@optonline.net](mailto:tfm97@optonline.net). Also I am looking for back issues of Paumonok from 1973—1979 and 1992—1997. If you are a pack rat and have some please call me (631) 327 1201 or email so I can arrange to borrow them. Thanks. Ed.



## SPECIAL RAFFLE TO BENEFIT NYSCTU CONSERVATION FUND

The New York State Council is raffling off an excellent rod and reel combo and additional prizes. Raffles are \$5.00 each or 3 for \$10 or 10 for \$20.00.

- Prize #1:** A Winston Vapor 9ft 5wt 4pc Fly rod with a Ross CLA Reel for a 5/6wt
- Prize #2:** A Folstaff Collapsible Wading Staff
- Prize #3:** A signed & numbered limited edition print, "Taking a Break" by artist Scott Hartman (framed and matted by Peter Dubno – LI Chapter)

The drawing will be held at the June NYSCTU General Meeting on Saturday, June 6th, 2009. Tickets will be available at the next three Council meetings (September, November and June) or you can purchase them through Longcasts via mail by sending a check and this coupon to:

**NYSCTU / Special Raffle**  
**c/o Don Kieffer - Treasurer**  
**16 King Road**  
**Middle Grove, NY 12850**

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

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1 ticket = \$5.00  
3 tickets = \$10.00  
10 tickets = \$20.00

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**Long Island Flyrodders** - Meet 1st Tuesday @ VFW 55 Hickory Lane, Levittown @ 7:30, [www.lifr.org](http://www.lifr.org)  
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# Pawmonok

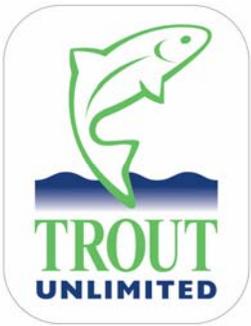
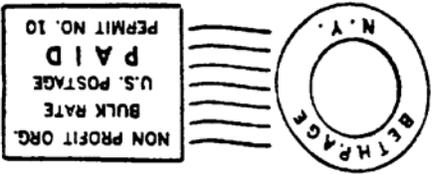
Published by the Long Island Chapter of Trout Unlimited

Tom McCoy, Editor  
97 Eatons Neck Rd  
Northport, NY 11768

## MAR 2009

Join Trout Unlimited - Help Preserve Our Cold Water Fisheries  
Membership Application on Page 7.

DATED MATERIAL  
PLEASE DELIVER  
PROMPTLY



Monthly Meetings  
On the 3rd  
Tuesday  
At 7:30 PM  
  
Hicksville VFW  
Hall  
320 So. Broadway,  
Hicksville, NY

Tuesday, at 7:30 PM  
March 17

LITU's Annual  
**OPEN  
HOUSE**



Come and bring a friend for a friendly night of coaching, talking and tips on where and how to catch your dream trout

## **A FISH DISEASE IMPACTS THE CONNETQUOT TROUT HATCHERY**

In February of 2007, Infectious Pancreatic Necrosis (IPN) was found in samples of fish from the Connetquot Trout Hatchery. IPN is a serious fish disease capable of causing extensive mortality in young trout. The New York State Office of Parks, Recreation & Historic Preservation and the New York State Department of Environmental Conservation are working collaboratively to develop a plan that will seek to eliminate IPN from the hatchery and Connetquot River, maintain a quality fishing experience for the public and manage the river and hatchery to prevent future outbreaks of fish diseases.

### **What is IPN?**

Infectious Pancreatic Necrosis (IPN) is an infectious viral disease that affects principally salmonids. Fry and fingerling fish are most susceptible to IPN while older fish become carriers of the disease. The virus causes necrosis of the pancreas as well as liver, kidney, spleen and gut of the fish.

### **How is the virus spread?**

Transmission of the disease from parent to offspring through the egg stage is the most likely method. It can also be spread from fish to fish when a fish sheds the virus through fecal matter, mucus and urine. It frequently occurs in hatcheries where there is an abundance of fish in close proximity to each other. It is unknown how the disease arrived at Connetquot.

### **Is the IPN virus harmful to humans?**

There is no known health threat to humans who handle or consume fish with IPN virus.

### **What Measures are being taken to control IPN in the Connetquot River?**

The hatchery is not raising new fish at this time. All hatchery trout have been stocked into the river below the hatchery to minimize IPN in the facility. A comprehensive study of the river and hatchery will be conducted to design a long term improvement plan for the hatchery. Best management practices to rid the river and hatchery of IPN and prevent outbreaks of other fish diseases are being developed. Anglers will be part of the solution too (see "What can I do to help?").

### **Will the hatchery close forever?**

No. State Parks will be seeking the expertise of people who have worked on other hatcheries where IPN and other fish diseases have been a problem. There will probably need to be changes in the future hatchery operations, but Parks intends to keep the cultural heritage of the hatchery, including raising fish, intact.

### **Will fly fishing continue at the park?**

Yes. Even though the hatchery will be temporarily closed, fly fishing will continue while work is being done to rid the river of disease. Once the population of trout is reduced, stocking the river with disease free trout from outside the preserve will be considered.

### **What can I do to help?**

Key to control of the disease is to reduce the population of trout in the river to minimize the spread of the virus. That is why the fishing season has been extended and the creel limit increased. While catch and release is the predominant etiquette at Connetquot, we need anglers to take fish to reduce the population. Use care to disinfect your waders, hip boots, nets and other equipment before and after fishing the Connetquot to prevent the introduction of new diseases or the spread of IPN in other waterways.

*The above article has been excerpted with permission from the NYS Parks Brochure,*

*"The Trout Hatchery & IPN: Connetquot River State Park Preserve*

## **CONNETQUOT RIVER FLY FISHING**

Fishing must be done by conventional fly fishing equipment limited to flies, fly rods, fly reels and fly line with un-weighted leader material attached. A New York State fresh water fishing license is required.

Reservations may be made Sunday 8:00 am one week prior in advance of the fishing week by calling (631) 581-1005. Reservations accepted for one of 30 sites per session. Specific sites cannot be reserved in advance, but are issued on a first come, first served choice at time of session.

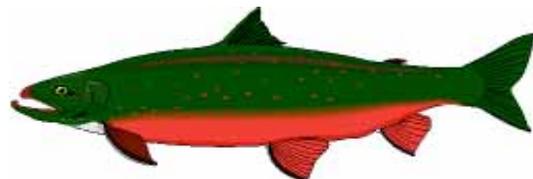
### **Fishing for 2009 opens January 3**

*January – March: 8am - 12 noon & 12 noon - 4 pm*

*April – September: 7 - 11am, 12 - 4pm, 4 - sunset*

*October 1<sup>st</sup> – 15<sup>th</sup>: 8am - 12noon & 12noon - 4pm*

*Trout limit as posted.*



*[Anglers on the Connetquot River are currently being encouraged to creel their limit of trout, which will help reduce the population density, and in turn, should reduce the likelihood of horizontal transmission (from fish to fish) of IPN. Please comply and enjoy! Jeff Plackis]*